



FORK HYDROFOIL KITEBOARDING REGATTA
July 23 – 25, 2021
Organising Authority: Kingston Yacht Club (KYC),
hosted in association with the Canadian Foiling Centre (CFC)
Kingston, Ontario

SAILING INSTRUCTIONS

The notation '[NP]' in a rule in the Sailing Instructions (SIs) means that a Kiteboard may not protest another Kiteboard for breaking that rule. This changes RRS 60.1 (a).

1 RULES

- 1.1 The event is governed by the rules as defined in *The Racing Rules of Sailing (RRS)*
- 1.2 For the Windsurfing event, RRS Appendix B applies.
- 1.3 For the Kiteboarding event, RRS Appendix F applies.
- 1.4 RRS 40.1 (personal floatation devices) is in effect.

2 CHANGES TO SAILING INSTRUCTIONS

- 2.1 Any change to the sailing instructions will be posted before 0900 on the day it will take effect, except that any change to schedule of races will be posted by 2000 on the day before it will be in effect.

3 COMMUNICATIONS WITH COMPETITORS

- 3.1 Notices to competitors will be posted on the official notice board located on-line at <https://kingstonyachtclub.com/FORK2021>. Complementary information may be posted on a notice board in the launch area.
- 3.2 On the water, the Race committee intends to monitor and communicate with competitors on VHF radio channel 71.

4 CODE OF CONDUCT

- 4.1 [DP] Competitors and support persons shall comply with reasonable requests from race officials, KYC staff members, or launch area volunteers.
- 4.2 When provided by the organizing authority, competitors shall wear the following as instructed:
 - 4.2.1 Competition bibs with an individually assigned competition number, worn as intended over all other clothing and equipment at any time while afloat.
- 4.3 Kiteboards and Windsurfers not racing shall remain clear of areas where Kiteboards and Windsurfers are racing and any official boat.

5 SIGNALS MADE ASHORE

- 5.1 Signals made ashore will be displayed from the official flagpole at the launch site.

5.2 When the flag AP is displayed ashore, '1 minute' is replaced with 'not less than 20 minutes' in the Race Signal AP.

6 SCHEDULE OF RACES

	Friday, July 23		Saturday, July 24		Sunday, July 25	
	1 st Warning	# Races	1 st Warning	# Races	1 st Warning	# Races
Windsurfer	1030	5	1030	5	1030	5
Kiteboard	1200	6	1200	6	1200	6

6.1 To alert competitors that a race or sequence of races will begin soon, the orange starting line flag will be displayed with one sound at least five minutes before a warning signal is made.

7 CLASS FLAGS

7.1 The Kiteboard class flag will be the FORK insignia on a plain background.

7.2 The Windsurf class flag will be numeral pennant 3.

8. RACING AREA

8.1 Windsurf and Kiteboard racing will be conducted in the area south of the Lake Ontario Park launching pier.

9. COURSES

9.1 The diagrams in SI Addendum A show the courses, the course designations, and the order in which marks are to be passed and the side on which each mark is to be left.

9.2 Courses will not be shortened. This changes RRS 32.

10 MARKS

Windward / Leeward Course		Slalom Course	
Mark	Description	Mark	Description
1	Orange inflatable	1	Green Inflatable
2g	Orange inflatables	2	Red ball
Start Mark, Mark 3	Green inflatable	Start Mark	Red ball
Finish Mark	Red ball	Finish Mark	Red ball

11. THE START

11.1 Races will be started according to rule 26 with a warning signal made 3 minutes before the starting signal.

11.2 The starting line will be between the staff displaying an orange flag on the committee boat and the start mark.

11.3 A Kiteboard or Windsurfer that does not start within four minutes after their starting signal will be scored Did Not Start (DNS) without a hearing. This changes RRS A5.1 and A5.2.

12 THE FINISH

12.1 The finish line will be between the staff displaying the blue flag on the finish boat and the finish mark.

12.2 For the Figure-Eight Slalom course, fifteen minutes after the start signal, a long sound will be made. Competitors are to complete their lap and finish.

12.2 [DP] Kiteboards and Windsurfers that have finished racing shall sail clear of the finish area.

13 TIME LIMITS AND TARGET TIMES

13.1 The time limits and targets for each race will be as follows:

Target Time	15 minutes
Race Time limit	25 minutes
Mark 1 Time limit	10 minutes
Finish Time Window	15 minutes

13.2 If no competitor has passed Mark 1 within the Mark 1 time limit, the race will be abandoned.

13.3 Competitors failing to finish within the Finish Time Window (time after the first Kiteboard or Windsurfer starts, sails the course and finishes) will be scored Did Not Finish (DNF) without a hearing. This changes RRS 35, A5.1 and A5.2.

13.4 Failure to meet target time will not be grounds for redress. This changes RRS 62.1(a).

14 HEARING REQUESTS

14.1 The protest time limit is 90 minutes after the last Kiteboard or Windsurfer finishes the last race of the day or the Race committee signals no more racing today, whichever is later. The time will be posted on the official notice board.

14.2 Request for Hearing Form is available on-line (<https://www.sailing.ca/protests-appeals/>), from the protest committee or on-shore volunteers.

14.3 Notices will be posted no later than 30 minutes after the protest time limit to inform competitors of hearings in which they are parties or named as witnesses. Hearing may be a mix of in-person and videoconference. The location, date and time of hearings will be posted on the notice board.

15 [DP][NP] SAFETY REGULATIONS

15.1. Competitors shall check in with shore volunteers at the launching area prior to racing and again following racing.

15.2 A competitor that retires from a race shall notify the Race committee, a safety boat, or a launch area volunteer as soon as possible.

16 SUPPORT BOATS

16.1 Team leaders, coaches and other support persons shall stay outside of areas where competitors are racing from the time of the preparatory signal until all competitors have finished or retired or the Race committee signals a postponement, general recall, or abandonment.

16.2 All support boats must register with the organizing authority.

SI ADDENDUM A – COURSE DIAGRAM AND MARKS

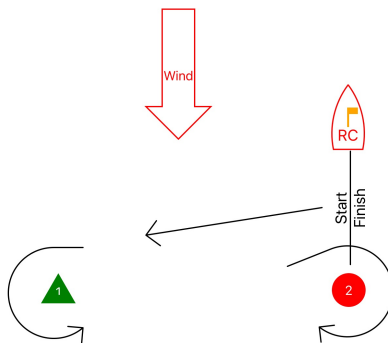
All distances and course angles are approximate.

A / Windward/Leeward Course:



Course	Rounding Order [(p) = to port, (s) = to starboard]
1	Start → 1(p) → 1a(p) → 3(p) → Finish
2	Start → 1(p) → 2g → 1(p) → 3(p) → Finish
3	Start → 1(p) → 2g → 1(p) → 2g → 1(p) → 3(p) → Finish

B / Figure-Eight Slalom Course:



Course	Rounding Order [(p) = to port, (s) = to starboard]
Flag E	Start → 1(p) → 2(s) → 1(p) → 2(s) , etc → Finish