



## **SAILING INSTRUCTIONS for EYC 2018**

The Organizing authority is the Kingston Yacht Club (KYC)  
in conjunction with Eastern Yachting Circuit (EYC)

Kingston Yacht Club  
1 Maitland Street  
Kingston, ON, K7L 2V3  
1-613-548-3052, [www.kingstonyachtclub.ca](http://www.kingstonyachtclub.ca)

Welcome to KYC. We have been looking forward to hosting this event for years.

A few words about the following Sailing Instructions package.

In today's world EYC is one of a few regattas that includes both a longer race and a number of course races.

The following package includes separate Sailing Instructions for, first, the Long Race and, secondly, the Course Races.

When you read them you'll see that they are mostly the same but the differences are really significant, so read, and refer, carefully.

Enjoy EYC 2018 and your stay at KYC!

Ross Cameron  
Commodore and PRO



## EYC 2018 Long Race Sailing Instructions

The Organizing authority is the Kingston Yacht Club (KYC)  
in conjunction with Eastern Yachting Circuit (EYC)

Kingston Yacht Club  
1 Maitland Street  
Kingston, ON, K7L 2V3  
1-613-548-3052, [www.kingstonyachtclub.ca](http://www.kingstonyachtclub.ca)

### 1 RULES

- 1.1 The regatta will be governed by the rules as defined in *The Racing Rules of Sailing*.
- 1.2 The prescriptions of Sail Canada will apply. (see Official Notice Board)
- 1.3.1 The protest committee may impose suitable penalties, other than disqualification, for violations of the Class Rules, or other non-Part 2 rules. This changes RRS64.1
- 1.3.2 Sail Canada Appendix T will be used. A copy will be posted on the Notice Board
- 1.3.2 Sail Canada Appendix T will be used. A copy will be posted on the Notice Board
- 1.4 **PENALTIES AT THE TIME OF THE INCIDENT**

The first two sentences of rule 44.1 are changed to: 'A boat may take a One-Turn Penalty when she may have broken a rule of Part 2 or rule 31 while *racing*.
- 1.5 If there is a conflict between languages the English text will take precedence.
- 1.6 PHRF – Lake Ontario (PHRF-LO) rules will apply to boats racing under PHRF.
- 1.7 All boats must have a minimum of two people on board.

### 2 NOTICES TO COMPETITORS

Notices to competitors will be posted on the Official Notice Board on the window of the Sunshine Lounge in the KYC Clubhouse.

### 3 CHANGES TO THE SAILING INSTRUCTIONS

Any change to the sailing instructions will be posted before 0900 on the

day it will take effect, except that any change to the schedule of races will be posted by 2000 on the day before it will take effect.

#### **4 SIGNALS MADE ASHORE**

- 4.1 Signals made ashore will be displayed on the flagpole at the southwest corner of the KYC breakwater.
- 4.2 When flag AP is displayed ashore, '1 minute' is replaced with 'not less than 60 minutes' in the race signal AP.

#### **5 RACE SCHEDULE**

- 5.1 There will be a Competitors Meeting at 0900 hrs. On Thursday, July 12.
- 5.2 There will be one race Thursday July 12, 2018. First Warning at 1000 hrs.

#### **6 CLASS FLAGS**

Class Flags flown as Warning Signals shall be numeral pennants corresponding to the division number.

#### **7 RACING AREA**

The racing area will be along the extended Kingston harbour, which will include some sailing in Eastern Lake Ontario.

#### **8 THE COURSE**

- 8.1 The Course will use Canadian Shipping Marks
- 8.2 The course shall be:

<u>Course Mark</u>	<u>Local Name</u>	<u>Gov't Number</u>	<u>Rounding Side</u>
Start	See SI #11		
Mark 1	Myles Shoal	K1	See SI #11.2
Mark 2	Simcoe Island E	KE2	To Starboard
Mark 3	Carruthers Point	K5	To Port
Mark 4	Melville Shoal	K9	To Port
Mark 5	Simcoe Island		To Port
Mark 6	Simcoe Island E	KE2	To Port
Mark 6	Myles Shoal	K1	To Starboard
Mark 7	Bayfield Shoal	H43	To Starboard
Mark 8	Penitentiary Shoal	K3	To Starboard
Finish	See SI #13		

#### **9 MARKS**

With the exception of Start and Finish marks, all marks are Government of Canada channel buoys.

## **10 AREAS THAT ARE OBSTRUCTIONS**

- 10.1 Kingston Harbour has many shoals. Few of them will be an issue for the EYC fleet.
- 10.2 Be cautious when near Melville Shoal which lies between Mark K7 and K9.
- 10.3 Stay well clear of the western tip of Simcoe Island. There's a spine that reaches west from the lighthouse.
- 10.4 When transiting the "Simcoe/Wolfe Channel do not go too near to the south shore of Simcoe Island.
- 10.5 There is a shoal running west from the tip of Garden Island so stay between the red and green marks (except when rounding Mark 8 of the course).

## **11 THE START**

- 11.1 The Race Committee will establish a Starting Line approximately 0.3 nautical miles downwind from Mark K1 (Myles Shoal).
- 11.2 Prior to the Warning the Race Committee will display a plaque, (red – port, green – starboard) to indicate the side to which Mark K1 (Myles Shoal) is to be left.
- 11.2 The start line will be between a red flag at the port end and an orange flag on the Signal Boat.
- 11.3 The race committee will attempt to announce OCS boats by VHF radio. The absence of, timing or order of such an announcement, or the inability to hear the announcement shall not be cause for redress. This changes Rule 62.1(a).
- 11.4 Boats starting more than four minutes after their starting signal will be scored Did Not Start without a hearing. This changes Rule A5.
- 11.5 Boats whose warning signal has not been made shall avoid the starting area during the starting sequence for other races.

## **12 CHANGES TO THE NEXT LEG OF THE COURSE**

There will be no changes to the course.

## **13 THE FINISH**

The finish line will be between the KYC flagpole and a red flag located approximately 100 metres southeast.

## **14 PENALTY SYSTEM**

- 14.1 The protest arbitration penalty shall be a scoring penalty as calculated in RRS44.3(c) equal to 40% of the number of entries in her class or 50% of the difference between her finishing position and the number of entries in her class, whichever is less.

## **15 TIME LIMITS**

The time limit for all boats is six hours.

## **16 PROTESTS AND REQUESTS FOR REDRESS**

- 16.1 Protest forms are available at the Protest Committee Secretary desk in

the Sunshine Lounge in the KYC clubhouse. Protests and requests for redress or reopening shall be delivered there within the appropriate time limit.

- 16.2 For each course, the protest time limit is 60 minutes after the last finish of the day. The Race Committee will raise code flag “B” on the KYC flagpole when protest time begins and will lower it when the protest time limit expires.
- 16.3 Notices will be posted no later than 30 minutes after the protest time limit to inform competitors of hearings in which they are parties or named as witnesses. Hearings will be held in the Sunshine Lounge or other KYC facility as described in a poster notice.
- 16.4 Breaches of instructions 10.4, 17, 18, 19 or 20 will not be grounds for a protest by a boat. This changes rule 60.1(a). Penalties for these breaches may be less than disqualification if the protest committee so decides.
- 16.5 On the day of racing a request for reopening a hearing shall be delivered
- (a) within the protest time limit if the requesting party was informed of the decision on the previous day;
  - (b) no later than 30 minutes after the requesting party was informed of the decision on that day.

This changes rule 66

- 16.6 On the last scheduled day of racing a request for redress based on a protest committee decision shall be delivered no later than 30 minutes after the decision was posted. This changes rule 62.2
- 16.7 Boats intending to file a protest shall not lower their protest flag until, after finishing they sail astern of the committee boat and notify the race committee of their intention to protest. Notifications by VHF radio will not be accepted. This changes rule 61.1(a)

## **17 SCORING**

Scoring will be according to in accordance with RRS Appendix A2

## **18 SAFETY REGULATIONS**

A boat that retires from the race shall notify the race committee as soon as possible.

## **19 TRASH DISPOSAL**

Trash may be placed aboard support or official boats or taken ashore.

## **20 HAUL OUT RESTRICTIONS**

Keelboats shall not be hauled out during the regatta except with and according to the terms of prior written permission of the race committee.

## **21 DIVING EQUIPMENT AND PLASTIC POOLS**

Underwater breathing apparatus and plastic pools or their equivalent shall not

be used around keelboats between the preparatory signal of the first race and the end of the regatta.

## **22 RADIO COMMUNICATIONS**

- 22.1 Except in an emergency, a boat shall neither make radio transmissions while racing nor receive radio communications not available to all boats. This restriction also applies to mobile telephones.
- 22.2 The Race Committee will use VHF channel 71 to make announcements.

## **23 PRIZES**

Trophies will be determined and awarded in accordance with the EYC trophy requirements. Divisional keeper trophies and flags will also be awarded.

## **24 DISCLAIMER OF LIABILITY**

Competitors participate in the regatta entirely at their own risk, See rule 4, Decision to Race. Competitors acknowledge that sailing involves potential risks. As a condition of their participation in this regatta, competitors release all claims they may have against the Kingston Yacht Club and its officers, directors, members, committees and employees for damages to property, personal injury or death sustained in conjunction with or prior to, during or after the regatta. Competitors shall be responsible for damage or injury caused by their breach of the Racing Rules of Sailing or applicable governmental rule for the avoidance of collision.

## **25 INSURANCE**

Each participating boat shall be insured with valid third-party liability insurance with a minimum coverage of \$\$1,000,000 CA\$ or its equivalent in another currency.



## SAILING INSTRUCTIONS for EYC 2018

The Organizing authority is the Kingston Yacht Club (KYC) in conjunction with Eastern Yachting Circuit (EYC)

Kingston Yacht Club  
1 Maitland Street  
Kingston, ON, K7L 2V3  
1-613-548-3052, [www.kingstonyachtclub.ca](http://www.kingstonyachtclub.ca)

### Amendments to the Sailing Instructions

#### Amendment #1

#### Long Distance Race

Delete 8.2

8.2 *The course shall be:*

<i>Course Mark</i>	<i>Local Name</i>	<i>Gov't Number</i>	<i>Rounding Side</i>
<i>Start</i>	<i>See SI # 11</i>		
<i>Mark 1</i>	<i>Myles Shoal</i>	<i>K1</i>	<i>See SI # 11.2</i>
<i>Mark 2</i>	<i>Simcoe Island E</i>	<i>KE2</i>	<i>To Starboard</i>
<i>Mark 3</i>	<i>Carruthers Point</i>	<i>K5</i>	<i>To Port</i>
<i>Mark 4</i>	<i>Melville Shoal</i>	<i>K9</i>	<i>To Port</i>
<i>Mark 5</i>	<i>Simcoe Island</i>		<i>To Port</i>
<i>Mark 6</i>	<i>Simcoe Island E</i>	<i>KE2</i>	<i>To Port</i>
<i>Mark 6</i>	<i>Myles Shoal</i>	<i>K1</i>	<i>To Starboard</i>
<i>Mark 7</i>	<i>Bayfield Shoal</i>	<i>H43</i>	<i>To Starboard</i>
<i>Mark 8</i>	<i>Penitentiary Shoal</i>	<i>K3</i>	<i>To Starboard</i>
<i>Finish</i>	<i>See SI # 13</i>		

Insert a new 8.2

8.2 *The course shall be:*

<i>Course Mark</i>	<i>Local Name</i>	<i>Gov't Number</i>	<i>Rounding Side</i>
<i>Start</i>	<i>See SI # 11</i>		

Mark 1	Myles Shoal	K1	See SI #11.2
Mark 2	Simcoe Island E	KE2	To Starboard
Mark 3	Carruthers Point	K5	To Port
Mark 4	Melville Shoal	K9	To Port
Mark 5	Simcoe Island		To Port
Mark 6	Simcoe Island E	KE2	To Port
Mark 7	Myles Shoal	K1	To Starboard
Mark 8	Bayfield Shoal	H43	To Starboard
Mark 9	Penitentiary Shoal	K3	ToStarboard
Finish	See SI #13		



Ross Cameron  
PRO





## EYC 2018 Course Racing Sailing Instructions

The Organizing authority is the Kingston Yacht Club (KYC)  
in conjunction with Eastern Yachting Circuit (EYC)

Kingston Yacht Club  
1 Maitland Street  
Kingston, ON, K7L 2V3  
1-613-548-3052, [www.kingstonyachtclub.ca](http://www.kingstonyachtclub.ca)

### **1 RULES**

- 1.1 The regatta will be governed by the rules as defined in The Racing Rules of Sailing.
- 1.2 The prescriptions of Sail Canada will apply. (see Official Notice Board)
- 1.3.1 The protest committee may impose suitable penalties, other than disqualification, for violations of the Class Rules, or other non-Part 2 rules. This changes RRS64.1
- 1.3.2 Sail Canada Appendix T will be used. A copy will be posted on the Notice Board

### **1.4 PENALTIES AT THE TIME OF THE INCIDENT**

The first two sentences of rule 44.1 are changed to: 'A boat may take a One-Turn Penalty when she may have broken a rule of Part 2 or rule 31 while racing.

- 1.5 If there is a conflict between languages the English text will take precedence.
- 1.6 PHRF – Lake Ontario (PHRF-LO) rules will apply to boats racing under PHRF.
- 1.7 All boats must have a minimum of two people on board.

### **2 NOTICES TO COMPETITORS**

Notices to competitors will be posted on the Official Notice Board on the window of the Sunshine Lounge in the KYC Clubhouse.

### **3 CHANGES TO THE SAILING INSTRUCTIONS**

Any change to the sailing instructions will be posted before 0900 on the

day it will take effect, except that any change to the schedule of races will be posted by 2000 on the day before it will take effect.

#### **4 SIGNALS MADE ASHORE**

- 4.1 Signals made ashore will be displayed on the flagpole at the southwest corner of the KYC breakwater.
- 4.2 When flag AP is displayed ashore, '1 minute' is replaced with 'not less than 60 minutes' in the race signal AP.

#### **5 SCHEDULE OF RACES**

- 5.1 There will be a Competitors Meeting at 0900 hrs. on Friday, July 13.
- 5.2 Fri., July 13                      Course Racing              First Warning 1000h  
Sat., July 14                      Course Racing              First Warning 1000h  
No Warning Signal after 1500h
- 5.3 Five (5) Course Races are scheduled.
- 5.4 Flag AP over A is displayed with no sound, while boats are finishing, it means 'No more racing today.'

#### **6 CLASS FLAGS**

Class Flags flown as Warning Signals shall be numeral pennants corresponding to the division number.

#### **7 RACING AREA**

- 7.1 The racing area will be In Kingston Harbour southwest of KYC.

#### **8 THE COURSE**

- 8.1 Courses are shown in Appendix A.
- 8.2 No later than the warning signal for a given division, the race committee will display the course to be sailed.

#### **9 MARKS**

- 9.1 The marks are as follows: Marks 1, 2s and 2p will be orange tetrahedrons. Mark 1a will be a red ball. Mark 3 will be a green tetrahedron.
- 9.2 A new mark replacing mark one will be a yellow tetrahedron. A new mark replacing mark 3 will be a red tetrahedron. If there is a course change marks 1a and 3a will not be placed.

#### **10 AREAS THAT ARE OBSTRUCTIONS**

There are no obstructions

#### **11 THE START**

- 11.1 The start will be between a red flag at the port end and an orange flag on the Signal Boat.
- 11.2 The race committee will attempt to announce OCS boats by VHF radio The

absence of, timing or order of such an announcement, or the inability hear the announcement shall not be cause for redress. This changes Rule 62.1(a)

11.3 Boats starting more than four minutes after their starting signal will be scored Did Not Start without a hearing. This changes Rule A5.

11.4 Boats whose warning signal has not been made shall avoid the starting area during the starting sequence for other races.

## **12 CHANGES TO THE NEXT LEG OF THE COURSE**

12.1 To change the next leg of the course, the race committee will lay a new mark or move the finishing line and remove the original mark as soon as is practicable.

12.2 When in a subsequent change a new mark is replaced, it will be replaced by an original mark.

## **13 THE FINISH**

The finish line will be between and a red flag at the port end and an orange flag on a nearby committee boat.

## **14 PENALTY SYSTEM**

14.1 The protest arbitration penalty shall be a scoring penalty as calculated in RRS44.3(c) equal to 40% of the number of entries in her class or 50% of the difference between her finishing position and the number of entries in her class, whichever is less.

## **15 TIME LIMITS**

The time limit for all boats is two hours. Any boat not finishing within 30 minutes of the first boat in her division to finish will be scored DNF without a hearing. This changes Rule 35 and A5.

## **16 PROTESTS AND REQUESTS FOR REDRESS**

16.1 Protest forms are available at the Protest Committee Secretary desk in the Sunshine Lounge in the KYC clubhouse. Protests and requests for redress or reopening shall be delivered there within the appropriate time limit.

16.2 For each course, the protest time limit is 60 minutes after the last finish of the day. The Race Committee will raise code flag "B" on the KYC flagpole when protest time begins and will lower it when the protest time limit expires.

16.3 Notices will be posted no later than 30 minutes after the protest time limit to inform competitors of hearings in which they are parties or named as witnesses. Hearings will be held in the Sunshine Lounge or other KYC facility as described in a poster notice.

16.4 Breaches of instructions 10.4, 17, 18, 19 or 20 will not be grounds for a protest by a boat. This changes rule 60.1(a). Penalties for these breaches

may be less than disqualification if the protest committee so decides.

16.5 On the last scheduled day of racing a request for reopening a hearing shall be delivered

(c) within the protest time limit if the requesting party was informed of the decision on the previous day;

(d) no later than 30 minutes after the requesting party was informed of the decision on that day.

This changes rule 66

16.6 On the last scheduled day of racing a request for redress based on a protest committee decision shall be delivered no later than 30 minutes after the decision was posted. This changes rule 62.2

16.7 Boats intending to file a protest shall not lower their protest flag until, after finishing they sail astern of the committee boat and notify the race committee of their intention to protest. Notifications by VHF radio will not be accepted. This changes rule 61.1(a)

## **17 SCORING**

17.1 The scoring system of RRS Appendix A2 will be applied as modified below.

17.2 One (1) race is required to be completed to constitute a series.

17.3 (a) When fewer than five (5) races have been completed a boat's series score will be the total of her race scores.

(b) When five (5) races have been completed, a boat's series score will be the total of her races excluding her one worst score.

## **18 SAFETY REGULATIONS**

A boat that retires from the race shall notify the race committee as soon as possible.

## **19 TRASH DISPOSAL**

Trash may be placed aboard support or official boats or taken ashore.

## **20 HAUL OUT RESTRICTIONS**

Keelboats shall not be hauled out during the regatta except with and according to the terms of prior written permission of the race committee.

## **21 DIVING EQUIPMENT AND PLASTIC POOLS**

Underwater breathing apparatus and plastic pools or their equivalent shall not be used around keelboats between the preparatory signal of the first race and the end of the regatta.

## **22 RADIO COMMUNICATIONS**

22.1 Except in an emergency, a boat shall neither make radio transmissions while racing nor receive radio communications not available to all boats. This restriction also applies to mobile telephones.

22.2 The Race Committee will use VHF channel 71 to make announcements.

### **23 PRIZES**

Trophies will be determined and awarded in accordance with the EYC trophy requirements. Divisional keeper trophies and flags will also be awarded.

### **24 DISCLAIMER OF LIABILITY**

Competitors participate in the regatta entirely at their own risk, See rule 4, Decision to Race. Competitors acknowledge that sailing involves potential risks. As a condition of their participation in this regatta, competitors release all claims they may have against the Kingston Yacht Club and its officers, directors, members, committees and employees for damages to property, personal injury or death sustained in conjunction with or prior to, during or after the regatta. Competitors shall be responsible for damage or injury caused by their breach of the Racing Rules of Sailing or applicable governmental rule for the avoidance of collision.

### **25 INSURANCE**

Each participating boat shall be insured with third party liability insurance with a minimum coverage of \$1,000,000 CA\$ or its equivalent in another currency.

# Appendix A - The Course

Course	Description										
	<b>Courses for EYC</b>										
	<b>Possible courses</b>										
	<table border="1" style="width: 100%;"> <thead> <tr> <th style="background-color: #d9e1f2;">Signal</th> <th style="background-color: #d9e1f2;">Mark Rounding Order</th> </tr> </thead> <tbody> <tr> <td>L2</td> <td>Start, 1/1a, 2s/2p, 1/1a, Finish</td> </tr> <tr> <td>L3</td> <td>Start, 1/1a, 2s/2p, 1/1a, 2s/2p, 1/1a Finish</td> </tr> <tr> <td>W2</td> <td>Start, 3, 2s/2p, 3, Finish</td> </tr> <tr> <td>W3</td> <td>Start, 3, 2s/2p, 3, 2s/2p, 3 Finish</td> </tr> </tbody> </table>	Signal	Mark Rounding Order	L2	Start, 1/1a, 2s/2p, 1/1a, Finish	L3	Start, 1/1a, 2s/2p, 1/1a, 2s/2p, 1/1a Finish	W2	Start, 3, 2s/2p, 3, Finish	W3	Start, 3, 2s/2p, 3, 2s/2p, 3 Finish
	Signal	Mark Rounding Order									
	L2	Start, 1/1a, 2s/2p, 1/1a, Finish									
	L3	Start, 1/1a, 2s/2p, 1/1a, 2s/2p, 1/1a Finish									
	W2	Start, 3, 2s/2p, 3, Finish									
W3	Start, 3, 2s/2p, 3, 2s/2p, 3 Finish										
L2	Start, 1/1a, 2s/2p, 1/1a, Finish										
L3	Start, 1/1a, 2s/2p, 1/1a, 2s/2p, 1/1a Finish										
W2	Start, 3, 2s/2p, 3, Finish										
W3	Start, 3, 2s/2p, 3, 2s/2p, 3 Finish										