



INTERNATIONAL SOLING ASSOCIATION

SOLING WORLD CHAMPIONSHIPS

SAILING INSTRUCTIONS

1. RULES

- 1.1 The regatta will be governed by the rules as defined in The Racing Rules of Sailing.
- 1.2 The following prescriptions of the Canadian National Authority will apply:
 - 1.2.1 *Rule 46 – Person in Charge: Sail Canada prescribes that the designated person in charge, if resident in Canada, shall be a member of a club affiliated with Sail Canada.*
 - 1.2.2 *Rule 61.2 – Protest Contents Sail Canada prescribes that no fee shall be charged for delivering a protest or a request for redress.*
 - 1.2.3 *Rule 67 – Damages Sail Canada prescribes that a boat that has been found by a protest committee to have broken a rule and caused damage shall be considered at fault for the purposes of rule 67.)*
- 1.3 The following racing rules will be changed: 28.1, 32, 35, 42.3(c), 60.1(a), 61.3, 62.2, 66, A4, A11 and Race Signals AP and S.
- 1.4 Rule 44.1 and P2.1 are changed so that the Two-Turns Penalty is replaced by the One-Turn Penalty.



- 1.5 If flag U has been displayed as the preparatory signal, no part of a boat's hull, crew, or equipment shall be in the triangle formed by the ends of the starting line and the first mark during the last minute before her starting signal. If a boat breaks this rule and is identified, she shall be disqualified without a hearing but not if the race is restarted or re-sailed. This changes RRS 26 and A5. The scoring abbreviation for a flag U penalty is UFD. This changes RRS A11.
- 1.6 The ISA Championship Rules will apply.
- 1.7 As permitted by RRS 86.1(c), RRS 42.3 (c) is altered to: Except on a beat to windward, when surfing (rapidly accelerating down the leeward side of a wave) or planing is possible, the crew may pull the sheet controlling any sail in order to initiate surfing or planing, but not more than twice for each wave or gust of wind. In addition, pumping of the spinnaker guy is permitted at all times without restriction. In this part of the Rule "pumping of the spinnaker guy" means repeatedly trimming and releasing the guy by any means. Moving the body as necessary to pump the guy is permitted and shall not be considered to be ooching (see RRS 42.2 (c)), nor shall any rolling of the boat caused by such necessary movements be considered rocking (see RRS 42.2 (b)). This changes Rule 42.3(c).
- 1.8 Special Rules:
 - 1.8.1 *After the warning signal for a race the registered helmsperson shall not leave the helm except in an emergency or with the prior written permission of the Race Committee or International Jury.*
 - 1.8.2 *Competitors may be required to carry on board cameras, sound equipment or positioning equipment as required by the organizing authority.*
- 1.9 Where there is a conflict between languages the English text will prevail. Where there is a conflict between the Notice of Race and these Sailing Instructions, the Sailing Instructions will prevail. This changes RRS 63.7.
- 1.10 Amendments to any of the rules applying to the regatta must be approved and signed before posting on the official notice board by the ISA Liaison Officer appointed for the event.

2. NOTICES TO COMPETITORS

- 2.1 Notices to competitors will be posted on the official notice board located on the South west window of Kingston Yacht Club

3. CHANGES TO SAILING INSTRUCTIONS

- 3.1 After the beginning of registration the following Sailing Instructions may not be changed: 1, 3, 5.2, 8 and 17.
- 3.2 Any change to the sailing instructions will be posted 3 hours before the start of the first race on the day that it will take effect, except that any change to the schedule of races will be posted by the end of protest time on the day before it will take effect.

4. SIGNALS MADE ASHORE

- 4.1 Signals made ashore will be displayed at the main KYC flagpole
- 4.2 When flag AP is displayed ashore, '1 minute' is replaced with 'not less than 45 minutes' in Flag AP in Race Signals. This changes RRS Signals 'AP'

5. SCHEDULE OF RACES

- 5.1 Racing is scheduled as follows:

Date	Time	Races
Monday Sept 12	15:30	Practice Race
Tuesday Sept 13	12:00	2 races
Wednesday Sept 14	12:00	2 races
Thursday Sept 15	12:00	2 races
Friday Sept 16	12:00	2 races
Saturday Sept 17	12:00	1 race

- 5.2 9 races are scheduled of which 5 must be completed to constitute a valid championship.
A maximum of 3 races per day may be sailed. A second race may be sailed on any day provided that that does not cause the



number of remaining races to be less than the number of scheduled race days remaining. A third race may be sailed on any day only to bring the programme back to, or towards, the published schedule of races. A second or third race to be held on any day will be signalled by displaying flag D on the race committee boat at the finish line of the previous race.

- 5.3 The scheduled time of the warning signal for the first race each day is 12:00 hrs.
- 5.4 When a second or third race will be held on a day the warning signal for that race will be made as soon as practicable. To alert boats that a further race will begin soon the postponement signal will be displayed for at least 4 minutes before a warning signal is displayed.
- 5.5 On the last day of the regatta no warning signal will be made after 16:00 hrs.

6. CLASS FLAG

- 6.1 Class flag will be the class logo on a white background.

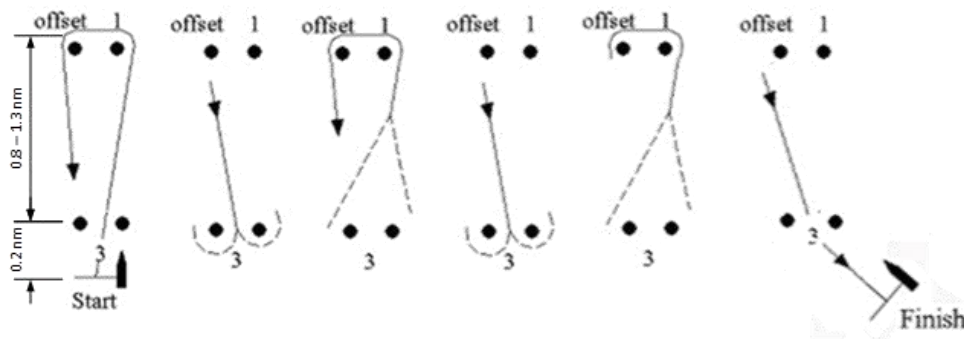
7. RACING AREAS

- 7.1 The drawing in Addendum 'A' shows the location of the racing area.

8. THE COURSES

- 8.1 The following course will

- 8.1.1 *Course 1:*



Start - 1 - Offset - 3(gate) - 1 - Offset - 3(gate) - 1 - Offset - 3(gate) - Finish

All marks to be rounded to port. Mark 3 will be a gate

Distance between marks 1 and 3 may not be shortened below 0.8nm

- 8.2 No later than the warning signal, the race committee signal boat will display the approximate distance and the approximate compass bearing to Mark 1, both measured from the centre of the starting line.
- 8.3 2. Courses will not be shortened.

9. MARKS

- 9.1 Marks 1, 1a (offset mark), 2 and 3 will be orange tetrahedrons.
- 9.2 New marks as provided in SI 12.1 will be yellow tetrahedrons
- 9.3 The starting and finishing marks will be an orange flag on a staff
- 9.4 A race committee boat signalling a change of position of the next mark is a mark as provided in SI 12.2.
- 9.5 If one of the marks at Mark 3 is missing, the remaining mark shall be rounded to port.

10. AREAS THAT ARE OBSTRUCTIONS

- 10.1 Not applicable



11. THE START

- 11.1 Races will be started by using RRS 26 with the warning signal given 5 minutes before the starting signal.
- 11.2 The starting line will be between an orange flag on the Signal Vessel and a staff with an Orange flag.
- 11.3 A boat starting later than four minutes after her starting signal will be scored Did Not Start. This changes RRS A4 and A5.

12. CHANGE OF THE NEXT LEG OF THE COURSE

- 12.1 To change the next leg of the course, the race committee will lay a new mark (or move the finishing line) and remove the original mark as soon as practicable. When in a subsequent change a new mark is replaced, it will be replaced by an original mark.
- 12.2 Except at a gate, boats shall pass between the race committee boat signalling the change of course and the nearby mark, leaving the mark to port and the race committee boat to starboard. This changes RRS 28.1.

13. THE FINISH

- 13.1 The finishing line will be between a staff displaying an orange flag on a race committee boat and the adjacent mark.

14. PENALTY SYSTEM

- 14.1 A boat that has taken a penalty or retired shall complete an acknowledgement form at the race office within the protest time limit.

15. TIME LIMITS

- 15.1 The time limits for the leading boat are:

Course	Mark 1	Course	This results in a minimum average speed of
	30 Minutes	2.5 Hours	Less than 2.7 kn

- 15.1.1 *If no boat passes the first mark within the Mark 1 time limit or if no boat sails the course and finish within the course time limit the race will be abandoned.*
- 15.1.2 *Boats finishing more than 30 minutes after the first boat sails the course and finishes will be recorded as DNF [Did Not Finish].and be scored in accordance with SI 17.4.*

16. PROTESTS AND REQUESTS FOR REDRESS

- 16.1 Protest forms are available from the race office. Protests and requests for redress shall be delivered there within the protest time limit.
- 16.2 The protest time limit is 60 minutes after the last boat has finished in the last race of the day. The time at which the protest time limit expires will be posted. The same protest time limit will apply to all protests by the race committee and jury and requests for redress. This changes RRS 61.3 and 62.2.
- 16.3 Notices will be posted within 30 minutes of the end of the protest time limit to inform competitors of hearings in which they are parties or witnesses. Hearings will be held in the "JURY OFFICE" at KYC in the order of receipt in the absence of unusual or exceptional circumstance.
- 16.4 Notices of protests by the race committee or jury will be posted to inform boats under RRS 61.1(b).
- 16.5 For the purposes of RRS 64.3(b) the 'authority responsible' is the measurer appointed by the organizing authority.
- 16.6 Breaches of SI 11.3, 14 and 18 will not be grounds for protest by a boat. This changes RRS 60.1(a). Penalties for these breaches may be other than disqualification if the jury so decides.
- 16.7 On the last scheduled day of racing a request for reopening a hearing shall be delivered:
 - a) Within the protest time limit if the party requesting reopening was informed of the decision on the previous day;



- b) no later than 30 minutes after the party requesting reopening was informed of the decision on that day. This changes RRS 66.
- 16.8 Decisions of the jury will be final as provided in RRS 70. 5.

17. SCORING

- 17.1 The Low Points scoring system of Appendix A as amended below will apply.
- 17.2 Five races are required to be completed to constitute a championship
- 17.3 When fewer than 6 races have been completed a boat's series score will be the total of her race scores. When 6 or more races have been completed a boat's series score will be the total of her race scores excluding her worst score.
- 17.4 If one or more boats finish within the time limit, all boats that finish within 30 minutes after the first boat finishes will be scored according to their finishing places. Boats that finish more than 30 minutes after the first boat finishes will be recorded as DNF [Did Not Finish] and receive points equal to one-half of the sum of (a) points for one place after the last boat to finish and (b) points for the last place (presumed that all entries had started) with fractions rounded to the nearest whole number. This changes RRS Appendix A

18. SAFETY REGULATIONS

- 18.1 Check-out and check-in. Before the warning signal of the day, each boat shall sail on starboard tack past the stern of the RC signal boat and hail her sail number until acknowledgement by the RC (by repeating the sail number). A boat failing to do so will be warned of her first infringement and be scored "Did Not Start" for any subsequent infringements.
- 18.2 Boats not leaving harbour for the days racing shall inform the race office. A boat that retires from a race shall notify the race committee as soon as possible.
- 18.3 When the Red Cross emblem (a red cross on a white background) is displayed on the race committee signal boat coaches and other team support boats shall collaborate with the race committee in rescue assistance.
- 18.4 Boats arriving at a point ashore other than the harbour for any reason and that cannot get to the harbour without assistance shall report immediately by telephoning KYC at 613 548 3052
- 18.5 Penalties for infringing this SI shall be decided by the jury and may include having to pay the expenses of search and rescue operations.

19. REPLACEMENT OF CREW OR EQUIPMENT

- 19.1 Substitution of competitors will not be allowed without the prior written approval of the International Jury. Such approval may be given in case of injury, illness or other non-preventable circumstances or when notified at registration.
- 19.2 Substitution of damaged or lost equipment will not be allowed unless approved by the Race Committee. Requests for substitution shall be made to the Race Committee at the first reasonable opportunity.

20. EQUIPMENT AND MEASUREMENT CHECKS

- 20.1 A boat or equipment may be inspected at any time for compliance with the class rules and sailing instructions. On the water, a boat can be instructed by a race committee measurer to proceed immediately to a designated area for inspection.

21. EVENT ADVERTISING

- 21.1 Boats shall display event advertising supplied by the organizing authority as follows: Bow numbers.
- 21.2 Bow number location will be supplied at registration

22. OFFICIAL BOATS

- 22.1 Official boats will be identified by a blue flag on a staff

23. SUPPORT BOATS



- 23.1 Team leaders, coaches and other support personnel are not allowed within 200m of the starting area or the race course from the preparatory signal until all boats have finished or the race committee signals a postponement or abandonment.
- 23.2 Support boats shall be identified by displaying their national flag or their national letters (in accordance with RRS G1.1).

24. TRASH DISPOSAL

- 24.1 Trash may be deposited on support or race committee boats before, between or after races.

25. HAUL-OUT RESTRICTIONS

- 25.1 Boats shall not be hauled out after the warning signal for the first race of the regatta except in emergency or with the prior written permission of the International Jury.
- 25.2 All boats must be launched by 18:00 on Monday July 12

26. DIVING EQUIPMENT AND PLASTIC POOLS

- 26.1 Underwater breathing apparatus and plastic pools or their equivalent shall not be used around boats between the starting signal of the first race and the end of the regatta.

27. RADIO COMMUNICATIONS

- 27.1 Neither a boat nor her crew shall neither make radio communications while racing nor receive radio communication not available for all boats. This restriction also applies to mobile telephones and GPS devices. Mobile phones must be completely shut down while racing. GPS devices are not allowed on board.

28. PRIZES

- 28.1 In addition to the ISA Championship rules and the Notice of Race the following prizes will be awarded:
Keeper trophies for the Top 5 teams overall.

29. DISCLAIMER OF LIABILITY

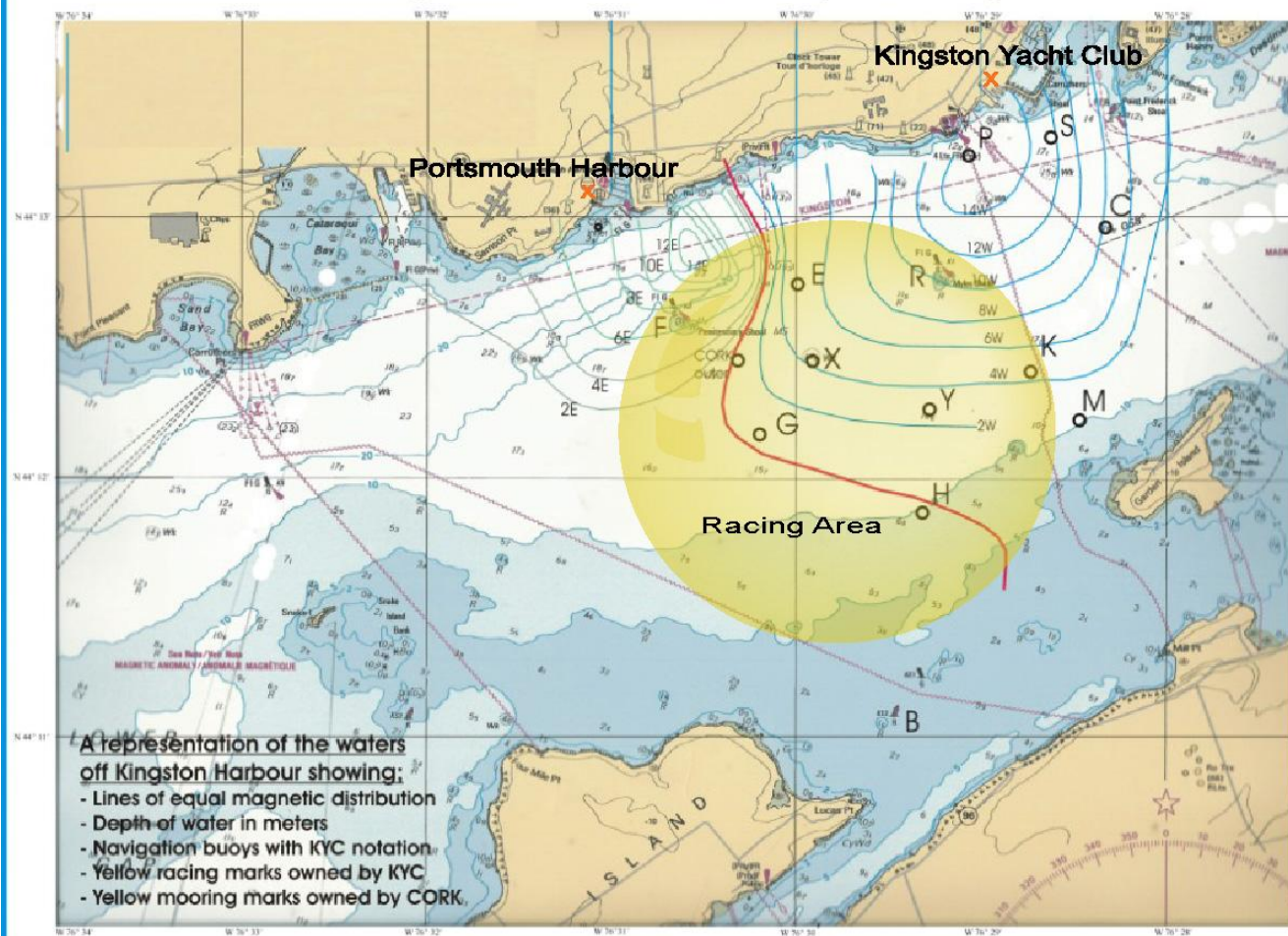
- 29.1 A yacht is entirely responsible for her own safety, whether afloat or ashore and nothing whether in the Notice of Race or Sailing Instructions or anywhere else, reduces this responsibility.
- 29.2 It is for the yacht to decide whether she is fit to sail in the conditions in which she will find herself. By going to sea, the yacht confirms that she is fit for those conditions and her crew is competent to sail and compete in them. See RRS 4.
- 29.3 Nothing done by the organizers can reduce the responsibility of the yacht nor will it make the organizers responsible for any loss, damage, death or personal injury, however it may have occurred as a result of the yacht taking part in the racing. The organizers encompass everyone helping to run the racing and the event and include the organizing authority, the race committee, the race officer, patrol boats and beach masters.
- 29.4 The provision of patrol boats does not relieve the yacht of her responsibilities.
- 29.5 The fact that the race committee conducts inspections of the yacht does not reduce the responsibilities of the yacht set out in this paragraph.
- 29.6 Competitors are also advised to arrange their own personal accident insurance.

30. INSURANCE

- 30.1 The yacht is required to hold adequate insurance and in particular to hold insurance against third party claims in the sum of at least CAD \$1,500.00 for the duration of the regatta.



Kingston Harbour: Features for yacht racing



Not to be used for navigation
May 2013